

Successful WEAVING

Rules:

1. NEVER cross your arms
2. ALWAYS pull arms in a circular/elliptical motion
3. ALWAYS put the bell down in its original position
4. SWAY your body to the side of the bell being rung

Practice patterns for 4 bell weaving

1 2 3 4 3 2 1
L R L R L R L

Better pattern for really learning the technique (used constantly in ensemble and solo ringing)

1 2 3 4 1 2 3 4
L R L R L R L R

Practice patterns for 3 bell weaving

1 2 3 2 1
L R L R L

Better pattern for really learning the technique (used constantly in ensemble and solo ringing)

1 2 3 1 2 3 1 2 3 1 2 3
L R L R L R L R L R L R