

IGNITING REHEARSALS WITH UMF'S

(this is a list of the musical focuses that are covered in this book)

1. **How to teach notes more accurately and efficiently.**
2. **How to making dissonances safer to sing.**
3. **How to determine effective tempos.**
4. **How to determine the length and contours of phrases.**
5. **How to determine the momentum target note of each phrase.**
6. **How to decide where to place breath marks.**
7. **How to give momentum to pick-up notes (theory of the anacruses).**
8. **How to adjust vowels for a more uniform sound.**
9. **How to adjust consonants for more clarity.**
10. **How to add intriguing style to historical anthems, e.g. Renaissance vs. Baroque.**
11. **How to teach dramatic mood and expressivity.**
12. **How to choose appropriate warm-ups for specific anthems.**
13. **How to create more effective dynamic contrast.**
14. **How to determine and teach a variety of articulation styles.**

15. How and when to adjust choral balance between parts and voices vs. accompaniment.
16. When and how to use staggered breathing.
17. How to give shape to fast moving notes by note grouping.
18. How to increase clarity to syllables with no initial consonants by adding "h's".
19. When and how to alter tempos, e.g. fermatas, agogic delays, and choral silences (rests).
20. How and under what circumstances to use kinesthetics in rehearsals.
21. How and why to conduct portions of anthems from memory.
22. How to relate adjust conducting gestures to phrasing decisions.
23. How conductors should become aware of their own natural personalities and how to adjust those tendencies based upon specific anthems.

ALSO IN THE BOOK: "UNIQUE MOTIVATIONAL FLASHES"

- **Stimulating Intrigue and Focus**
- **Motivating Yourself**
- **Teaching through Empathy**
- **People Prowess**
- **Rehearsal Strategies**