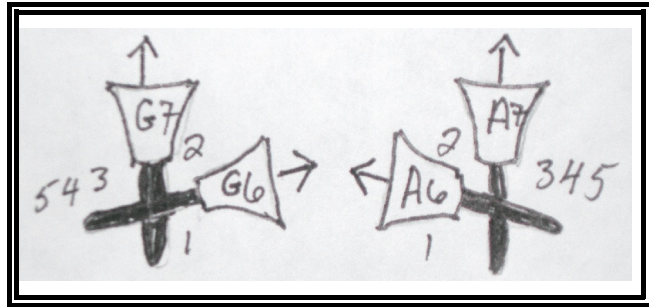
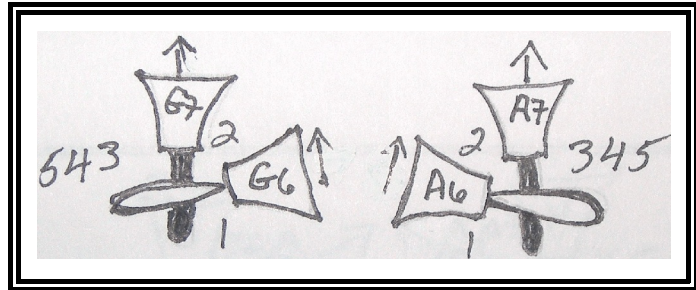


Common 4 in Hand Configurations

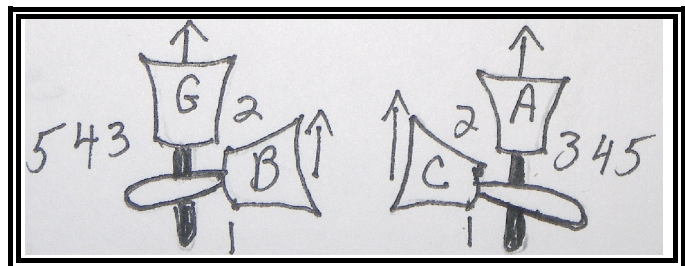
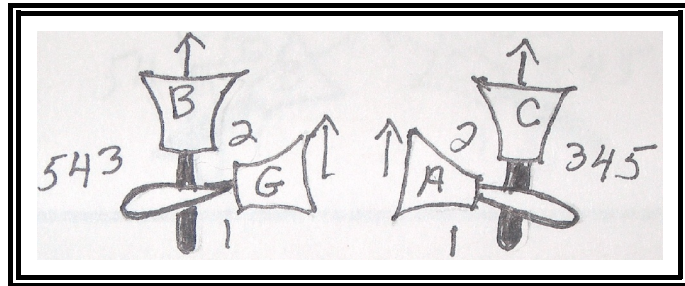
Shelly



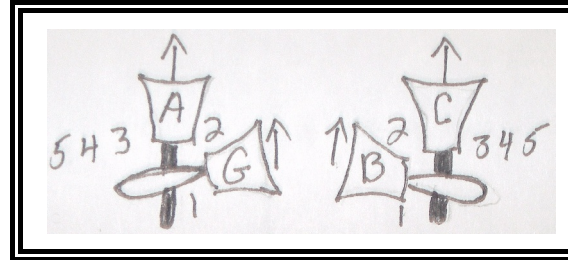
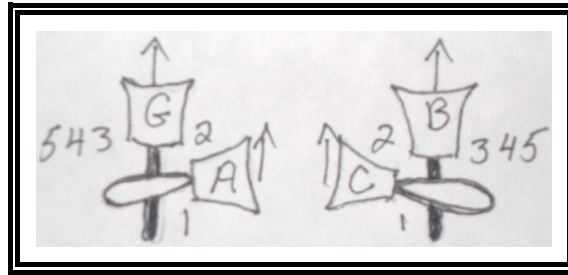
Bells assigned in octaves



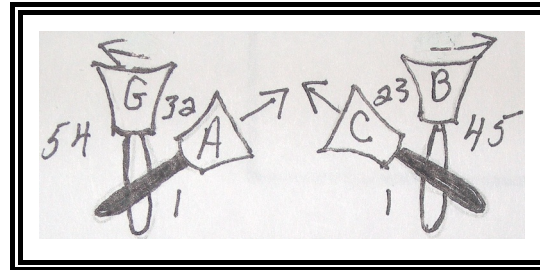
Bells assigned in thirds



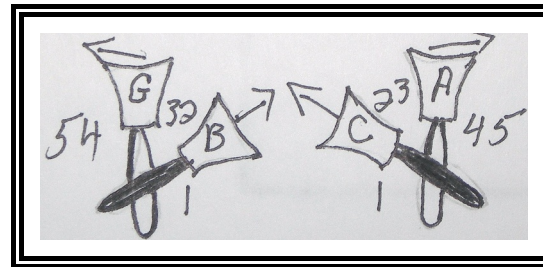
Bells assigned in steps



Bells with interlocking handles



1.  Bell on the table
2.  Bell in your hand



3. Slip the handle of bell 2 over the handle of bell 1.
Make sure that the fourth finger is under the handle of bell 1.
4. Give both bells 1/4 turn toward the center.
5. Eliminate step 4 if you are picking up the bells “on the fly” (while you are ringing).

Hint: Make sure that the index finger and the middle finger are both in the “v” between the two bells. The thumb damps the bell closest to you and the index finger damps the bell farthest away.